



TODAY'S SCHEDULE

7:00 AM

 **Building I
Conference Center
MAIN STAGE**

PACKET PICKUP & BREAKFAST

Free campus parking, swag bags, name badges, VIP event tickets, and more. Breakfast is a full buffet including meat & veggie options, beverages, and more. Networking and visiting exhibitor booths is encouraged!

Enlighten Women's Forum Planning Team

8:00 AM

 **Building I
Conference Center
MAIN STAGE**

EVENT OVERVIEW & HOUSEKEEPING

Get acquainted with the event's agenda and review important details and safety guidelines to ensure a smooth and secure experience throughout the event.

*Emcees Karen Lawton, Superintendent, Turner & Jonelle Tuffs,
Sr. Procurement Mgr., SourceBlue*

8:05 AM

 **Building I
Conference Center
MAIN STAGE**

WELCOME & LAND ACKNOWLEDGMENT

Dr. Harden will welcome attendees, emphasizing diversity, equity, and inclusion in construction, highlighting Renton Technical College's role in providing safe spaces for underrepresented communities, empowering women in trades, and fostering career ambitions.

Dr. Yoshiko Harden, President, Renton Technical College

8:20 AM

 **Building I
Conference Center
MAIN STAGE**

KEYNOTE INTRODUCTION

Dive into the power of women's narratives and the importance of sisterhood as we introduce the captivating keynote speaker, Hilary Peach, who will inspire us with her journey.

Andrea Durdle, RSE Plumber, Class B Gasfitter, Instructor, Camosun College



TODAY'S SCHEDULE

8:30 AM

 **Building I
Conference Center
Lobby, First Floor**

HILARY PEACH KEYNOTE

Through her acclaimed book "Thick Skin: Field Notes from a Sister in the Brotherhood," Hilary sheds light on the importance of sharing our narratives to combat invisibility and navigate workplace challenges, offering invaluable insights for tradeswomen and allies alike.

Hilary Peach, Boilermakers Lodge 359, Boiler Inspector & Welder, Author

9:30 AM

 **Building I
Conference Center
MAIN STAGE PANEL**

WOMEN IN CONSTRUCTION AND ENERGY LEADERSHIP

Explore the role of women in leadership positions within the construction and energy sectors, delving into strategies for advancement and empowerment in traditionally male-dominated fields.

Paula Resa, NWCI; Tosha Siebert, TPU; Karen Lawton, Turner Construction; Jovan Johnson, WSRCC; Jonelle Tuffs, Moderator

9:30 AM

 **Building H
Breakout Room #1
ROOM 103**

SUSTAINABILITY IN THE FIELD

Discover innovative practices and initiatives aimed at promoting sustainability within the construction and energy industries, emphasizing the importance of environmental stewardship.

Laura Soma, LEED AP, BD + C From GLY Construction

9:30 AM

 **Building H
Breakout Room #2
ROOM 102**

NAVIGATING DIFFICULT CONVERSATIONS

Did you realize that having difficult conversations is a skill that you can learn? Come to this hands-on workshop where you will learn proven techniques that you can use to have hard conversations in any setting.

Dr. Stephanie Delaney, VPI, Renton Technical College



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9:30 AM

 **Building I
Breakout Room #3
Culinary Demo Lab**

WORKSITE SAFETY AWARENESS AND REPORTING

Gain insights into best practices for recognizing and reporting safety hazards while prioritizing the well-being of workers and fostering a culture of safety.

Jessica Wilke And Brianna Jordan, LNI DOSH Region 3

10:30 AM

 **Building I
Conference Center
MAIN STAGE PANEL**

EMERGING TRENDS IN CONSTRUCTION & ENERGY CAREERS & TECHNOLOGY

Stay ahead of the curve by exploring the latest advancements and opportunities in construction and energy careers, as well as cutting-edge technologies shaping the future of these industries.

Christine Reid, IBEW 77; Michelle Detwiler, Renewable Hydrogen Alliance; Melanie Danuser, Education & Training For Building Potential; Christine Reilly, Avalanche Energy; Mel Clark, CleanTech Alliance & Moderator

10:30 AM

 **Building H
Breakout Room #1
ROOM 103**

PLANNING YOUR CAREER JOURNEY AND KNOWING YOUR WORTH

Participants will explore strategic approaches to navigate their professional paths, set meaningful goals, and gain insights into recognizing and asserting their true worth in the workplace.

Dolores Kelley, Pierce College

10:30 AM

 **Building H
Breakout Room #2
ROOM 102**

GENDER-BASED VIOLENCE AND HARASSMENT (GBVH) IN THE WORKPLACE

Address workplace gender-based violence and harassment with awareness and support strategies.

Hari Chon, Women's Bureau; Karen Dove, ANEW



TODAY'S SCHEDULE

10:30 AM

 **Building I
Breakout Room #3
Culinary Demo Lab**

NOURISH TO FLOURISH: HOW NUTRITION IMPACTS YOUR HEALTH

We will examine the intricate connection between diet and health, emphasizing the profound impact of nutrition on disease prevention and management. We'll explore the crucial role of nutrition in promoting overall health and well-being.

Shontia Whitehead, Sound Transit

11:30 AM

 **Building I
Conference Center**

LUNCH & NETWORKING

Indulge in a nourishing lunch while forging valuable connections with fellow attendees, and don't forget to explore the vendor booths for valuable resources and networking opportunities.

Emcees Jonelle Tuffs & Karen Lawton

12:45 PM

 **Building I
Conference Center
MAIN STAGE PANEL**

KNOWING YOUR RIGHTS: SAFETY AT THE OFFICE, WORKSITE, & OFFSITE

Gain insights into workplace safety rights and protocols, ensuring protection in all work environments.

Mallorie Davies, WANIDCL; Jeanette Aranda, City Of Seattle; Angela MacNeil, WSL&I ESP; Traci Tenhulzen, Tenhulzen Residential; Minna Long, WSBCTC, Moderator

12:45 PM

 **Building H
Breakout Room #1
ROOM 103**

FINANCIAL PLANNING IN THE TRADES

Learn essential financial planning skills tailored to trades careers, empowering financial stability and growth.

Qualstar Credit Union, Juliana Canales & Cindy Blanchette



TODAY'S SCHEDULE

12:45 PM

 **Building H
Breakout Room #2
ROOM 102**

CREATING SAFE SPACES FOR SISTERHOOD, MENTORSHIP, & RECOGNIZING ALLIES

Cultivate supportive environments for sisterhood, mentorship, and allyship, fostering inclusivity and empowerment.

*Andrea Durdle, RSE Plumber, Class B Gasfitter, Instructor, Camosun College;
Christina Bayaniyan, Organizer, Sheet Metal Workers Local 66*

12:45 PM

 **Building I
Breakout Room #3
Culinary Demo Lab**

REIMAGINING RESILIENCE IN THE WORKPLACE: USING A TRAUMA LENS

Discover the transformative power of reimagining resilience in the workplace through a trauma lens. Gain insights into the brain & stress response, the significance of safety and connection, and the impact of Adverse Childhood/Community Experiences (ACES).

Roxana Amaral, BELONG Partners

1:45 PM

 **Building I
Conference Center
MAIN STAGE**

WRAPPING UP THE DAY

Reflecting on the day's insights and accomplishments, concluding with final remarks and next steps.

Hilary Peach, Boilermakers Lodge 359, Boiler Inspector & Welder, Author

1:55 PM

 **Building I
Conference Center
MAIN STAGE**

THANK YOU!

Expressing gratitude to attendees, speakers, and sponsors for their participation and support in making the event a success.

EWf Planning Team Members Karen & Jonelle, Emcees